

# "Building Oneness & Intimacy in your Marriage"

Gen. 2:24; Matthew 19:5-6; Eph. 5:31

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This Biblical principal is foundational in building a Christian marriage and structuring a Christian family. Prior to marriage a man and woman need to have this principal understood and accepted. Their marriage will begin on the right foot if they obey God's plan.

## **ONENESS IS GOD'S PLAN:** (Gen. 2:18-24)

1. God's Word teaches here that God brought her unto the man. vs. 22
2. We understand here that Adam never refused her, he fully accepted Eve! vs. 23

**A. Oneness in Species** - Gen. 2:20-23 Adam needed a "help of his kind", which, as soon as he sees Eve, he may recognize himself in that person.

1. One of his kind
2. The woman is God's creation & gift for man
3. She is a kind to be a helping being
4. She is a compliment & completer
5. Man & woman are one
6. Man's very own personal help meet

## **B. Oneness in Sexuality**

1. In Procreating - (Gen. 1:27-28) So God created man in his own image, in the image of God created he him; male and female created he them. And God blessed them, and God said unto them, *"Be fruitful, and multiply, and replenish the earth, and subdue it: and have dominion over the fish of the sea, and over the fowl of the air, and over every living thing that moveth upon the earth."*

2. In Pleasure - (Heb. 13:4; 1 Cor. 6:9-11) Marriage is honourable in all, and the bed undefiled: but whoremongers and adulterers God will judge. Honorable meaning holding a distinguished rank; worthy of respect and the bed undefiled - unsoiled; deformed & debased or impaired. And let the bed be undefiled.

## **C. Oneness in Spirituality**

1. In Salvation and separation from sin. - (2 Cor. 6:14; 1 Cor. 7:39; Deut. 7:3) *"Be ye not unequally yoked together with unbelievers: for what fellowship hath righteousness with unrighteousness? and what communion hath light with darkness? Some one says who disdains separation, " that's only one verse." How many verses does God need? How many times does God need to speak before we obey?"*

2. In Submission - (1 Cor. 11:3; Ephesians 5:21; Joshua 24:15; 1 Peter 3:5-6) *"But I would have you know, that the head of every man is Christ; and the head of the woman is the man; and the head of Christ is God."*

3. In Spiritual Growing - (Gen. 3:8; Eph. 5:25; I Pet. 2:2; II Pet. 1:3-11)  
“*And they heard the voice of the LORD God walking in the garden in the cool of the day:*”  
God desires for us to walk with Him. Growth only takes place as we determine to grow. If we don't make the Scriptures the authority in our lives, we will not grow. (Read John 17:17.)

- \* Read the Bible together and Pray
- \* Talk over the children - education, spiritual growth, attitudes, future
- \* Planning the future
- \* Discuss personal challenges - physical, spiritual, emotional

**IF THERE IS GOING TO BE ONENESS IN YOUR MARRIAGE THERE MUST BE  
COMMUNICATION**

James 1:19 “*Wherefore, my beloved brethren, let every man be swift to hear, slow to speak, slow to wrath:*”

Proverbs 18: 13 “*He that answereth a matter before he heareth it, it is folly and shame unto him.*”

Proverbs 18:15 “*The heart of the prudent getteth knowledge; and the ear of the wise seeketh knowledge.*”

**There must be the Biblical path of lasting change** “*But God be thanked, that ye were the servants of sin, but ye have obeyed from the heart that form of doctrine which was delivered you.*” (Romans 6:16-20)