

# First Interview With Married Couple

Prepared By Dr. Ed. Watke Jr.

Please write in your answers to the following questions!

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

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1. What brings you here and which one was concerned about coming? \_\_\_\_\_

\_\_\_\_\_

2. Often when people come for counseling they are experiencing some kind of pain. What is the pain (emotional distress, etc.) that you are experiencing in this relationship? \_\_\_\_\_

\_\_\_\_\_

3. Who do you feel is contributing to this pain and in what way?

\_\_\_\_\_

4. What efforts have been made to eliminate this pain and what has happened?

\_\_\_\_\_

5. Describe what you want to have in your marriage. \_\_\_\_\_

\_\_\_\_\_

6. How much time do you have to work on your marriage? \_\_\_\_\_

\_\_\_\_\_

7. What is your dream that you had for your marriage when you got married and what has happened to it? \_\_\_\_\_

\_\_\_\_\_

8. What would it take for you to be satisfied with you spouse? \_\_\_\_\_

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What would it take for him/her to be satisfied with you? \_\_\_\_\_

\_\_\_\_\_

9. If your marriage were really good tomorrow, how would you know?

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10. What do you want from your marriage and what are you willing to do to get there?

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11. If I were to ask you the question, "*What are you doing to mess up this marriage?*" -- after you recover from the shock of such a direct question -- "*What would you say?*"

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12. In what way do you complement each other?

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13. What are your needs?

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Is your spouse aware of how to meet them?

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14. Let's think about the goals you have for counseling. What would it be like if the counseling were completely successful? What do you expect or desire?

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15. What is the worst possible thing that could happen in counseling? What do you fear the most?

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16. Are you willing to do the assignments that I will give to you as the counselor? Will you work at the necessary steps toward change?

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